How I Coach Clients

Because each Professional Coach has his or her own style of coaching clients, I thought that you would be interested in knowing how I coach, what I expect of my clients and what my clients can expect of me.

My clients are great. I am blessed with the privilege of attracting you, my clients—I want and enjoy each one. You are all growing, successful and well, and I am assisting you to accelerate your personal and spritual lives.

I expect your best. If you are hiring me, then you are probably ready to do and be your best. And if you aren't doing your best, I will ask you to do so. If you can't do that at the moment, I will understand and do what you need to be heard, loved and helped back on to your path.

I make direct requests. From time to time, I will make a direct request, like, "Will you accomplish X by the end of the month?" You may accept the request, counter-offer (say what you *will* do) or decline. I will respect you whichever way you respond.

I give straight advice. If I am sure of the situation, and you're open to it, I will make specific suggestions on how to handle a problem or "go-for" an opportunity. If I am not sure, I will say so. Honesty is one of my values. I am straight-forward and expect the same from you. Regardless, use the best of what I say and use your own judgment.

I don't step over much. When I hear a funny tone in your voice or notice something amiss, I will ask you about it. Often, it is these small moments that offer the chance to resolve something. However, I will not confront or push; I will merely invite you to look at something.

I give homework. I usually ask that my clients come up with two or three goals, actions or breakthroughs to have between one appointment and the next. If it is too much, say so. If you want more, just ask. I expect you to learn how to write affirmative prayer treatments and then make them a part of your daily practice. That's not negotiable.

You are expected to use me, not depend on me. As your coach, I am a resource and presence for you to use to your best advantage: I have an almost unlimited amount of love, compassion, forgiveness, and strength for you, and I can share many principles that will increase your success and add to the quality of your life. AND, I ask that my clients use me as the resource and friend that I am, but not to let themselves get into the position of needing me (or coaching) as a dependency thing or fix.

I am here. I want to hear it all. If you have a personal problem, are upset with something (even me or the coaching), are just starting to realize something big, can't wait to share a breakthrough, please call or e-mail me. . . anytime!

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